

OTHER ACTIVITIES

RSAC provides a range of other events programs and activities on a one off or annual basis. These include:

Vacation Activity Programs for 8-18 year olds with disabilities and their siblings.

School Holidays Kids Camps

Participants need to preregister and be suitable for outings with a group with 1:3 ratio supervision, or provide a carer.

Adult Camps and Holidays

Annual Family Picnic Day

School Sports Programs



Phone/Fax: 9790 5001
E-mail: RSAClub@bigpond.net.au

Office and Clubrooms

11 Greenfield Pde
BANKSTOWN NSW 2200
Postal Address

PO Box 120 Bankstown NSW 1885

ABN: 59726089873

Registered Charity CFN 11028

www.disabledsportsac.org.au

19/5/2015



Recreation Sports and Aquatics Club

RSAC Programs



Promoting quality of life and inclusion to people with disabilities, their carers and families.

RSAC Regular Programs

BASKETBALL

Hurstville Stadium cnr King Georges & Forest Rds **PENSHURST**

Junior Group

Wednesdays 6:30-7:30pm* \$7

Riverwood Community Centre
151 Belmore Rd **RIVERWOOD**

Challenge Tuesdays 5:30-7pm &

Senior Group 7-9pm* \$7

BOCCE

Club Italia Wharf Rd LANSDALE

1st Friday of each month 7-8:30pm \$7
(Dinner 6-7pm \$10 pre-booking required)

CRICKET

BANKSTOWN Memorial Oval

Indoor Centre Chapel Rd South

BANKSTOWN - Regular Matches
Every Sunday 9-11am \$10

DANCE

Creative Dance

RSAC Clubrooms BANKSTOWN

Tuesdays 6-7:30pm* \$10

DISCOS/DANCE PARTIES

RSAC Clubrooms BANKSTOWN

Second Sat of month 4:30-7pm \$7

DRAMA – ACTING

RSAC Clubrooms BANKSTOWN

Wednesdays 5-6:30pm

Teens and Adults \$10 payable by the term or casual \$14*

TENNIS

John Mountford Reserve Welfare Ave (off Shorter Ave) **BEVERLY HILLS** &

regular Sunday Social Tennis for all each term

Saturdays Senior 9am &

Skills Development Group 10am

\$10 payable by the term or casual \$14*

FOOTBALL/SOCCER

Peakhurst Public School Kids & Young Adults

Greenlands Ave **PEAKHURST**

Saturdays 9:30am-11am* \$7

INDOOR SOCCER teens & adults

Bankstown PCYC (Police Citizens Youth Club)

Cnr French Ave & Meredith St **BANKSTOWN**

Sundays 9:30-11am* \$10

SWIMMING

(note all swimmers must pay own pool entry)

Hurstville Aquatic Centre Training Pool

King Georges & Forest Rds **PENSHURST**

Learn to Swim & Stroke Correction Wednesdays
6:30 \$7 &

Squad Group 7:30-8:30pm \$7

Learn to Swim & Stroke Correction

Roselands Indoor Pool Centre Ave

Fridays 6:30-7:30pm \$7

Squad Group

Roselands Outdoor Pool

Centre Ave **ROSELANDS**

Mondays 6:00-7:30pm \$10

INDOOR CARPET BOWLS

Club Burwood RSL 96 Shaftesbury Rd **Burwood**

Mondays 5:30-6:30pm \$5 from July 2015

TENPIN BOWLING

Strathfield Super Bowl

546 Liverpool Rd **STH STRATHFIELD**

Wednesdays 5:30-7pm

Saturdays 11:30-1pm

1 Game \$10 or 2 Games \$17

Revesby AMF 2B Brett St Revesby

(inside entrance **Revesby Workers Club**)

Mondays except Public Holidays

10:30-11:30am &

5:30-6:30pm

1 Game Weekly League \$10

ADULT SOCIAL CLUBS

*Friendship Group – meet at **Hurstville***

*Networkers – meet in the **City***

*SW Social Club – meet **Campbelltown**,*

Liverpool and/or Bankstown

Usually meet monthly - 18 and over who are fairly independent. Groups meet at various locations

Various outings and costs plus \$15 fee

Saturday Social Club weekly

Inclusive Group, regular meeting place & activities as selected by participants

Earlwood Seniors Centre

Corner Homer St & Joy Ave

EARLWOOD

Saturdays excl. long weekends

10:30-12:30pm \$10

** Denotes program runs school terms only*